

Portland Public Library

Portland Public Library Digital Commons

Peaks Island Star, 2016

Peaks Island Star

8-2016

Peaks Island Star : August 2016, Vol. 36, Issue 8

Service Agencies of the Island

Follow this and additional works at: https://digitalcommons.portlandlibrary.com/peaks_pisn_2016

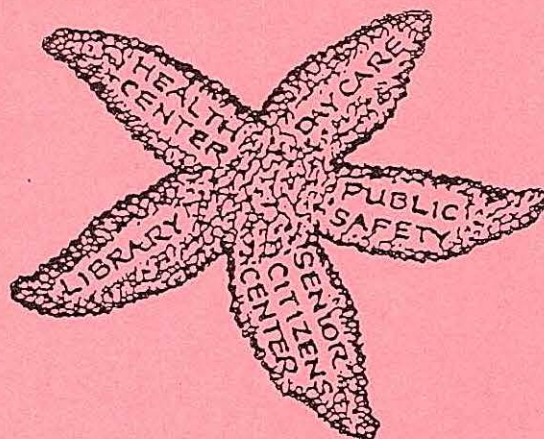
Recommended Citation

Service Agencies of the Island, "Peaks Island Star : August 2016, Vol. 36, Issue 8" (2016). *Peaks Island Star*, 2016. 5.

https://digitalcommons.portlandlibrary.com/peaks_pisn_2016/5

This Book is brought to you for free and open access by the Peaks Island Star at Portland Public Library Digital Commons. It has been accepted for inclusion in Peaks Island Star, 2016 by an authorized administrator of Portland Public Library Digital Commons. For more information, please contact schechter@portlib.org.

Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

August 2016

Volume 36

Issue 8

Calendar of Events

August

- | | | |
|-----|---|--------------|
| 1,2 | 67th Annual Lions Club Variety Show, Greenwood Gardens, \$5/\$2 | 7 pm |
| 2 | Stories & Crafts with Mrs. Crowley-Rockwell, Community Room | 7 pm |
| | Library Book Discussion, "The Nightingale" by Kristin Hannah, TEIA | 7 pm |
| 3 | WICKED GOOD BAND, Peaks Island Music Association, Fifth Maine, \$5 | 8 pm |
| 5 | Songwriters by the Sea, Fifth Maine, \$12 | 7 pm |
| 6 | TEIA Annual Fair | 10 am-1 pm |
| | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |
| 8 | Senior's Potluck Luncheon, It's a Bar-B-Q, Fay Garman House | 12 noon |
| 9 | Stories & Crafts with Mrs. Crowley-Rockwell, Community Room | 7 pm |
| | "Ancient Fertility Practices and Beliefs", Anne Belden, MS, PSS, Free, TEIA | 7 pm |
| 10 | PI TEA, Clam Chowder & Lobster Roll Dinner, Jones Landing, reserve, 766-0067, \$20/\$10 | 5-7 pm |
| | Friends of PI Library Annual Meeting, Speaker, Author Peter Bridgford, Community Rm. | 7 pm |
| 11 | Peaks Island Annual Fund Party, Fifth Maine | 6 pm |
| 12 | Rhonda Dale Duo, Fifth Maine, \$15 | 7:30 pm |
| 13 | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |
| 14 | Art on the Porch, Fifth Maine | 10 am-3 pm |
| | Summer Soiree, PI Children's Workshop, Katie Lee, 766-2854, TEIA, \$50 | 5:30-8:30 pm |
| 16 | Cancer Support Group, St. Christopher Community Room | 7-8 pm |
| | Middle School Book Club, Community Room | 5 pm |
| | "Climate of Change", Island Institute Presentation, Free, TEIA | 7 pm |
| 17 | Peaks Island Chorale, "Bird Songs", Peaks Island Music Association, Fifth Maine, \$5 | 8 pm |
| 20 | Songwriters by the Sea featuring Ted DeMille, Fifth Maine, \$12 | 7 pm |
| | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |
| 23 | "Forecasts of the 2016 American Nat'l. Elections, Jim Campbell, Univ. Buffalo, Free, TEIA | 7 pm |
| 27 | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |
| 28 | Pancake Breakfast, Fifth Maine, \$10/\$6 | 8-11 am |
| 31 | Talk by Hub Burton with slides from 1800's, Fifth Maine | 7 pm |

Subscriptions to the Peaks Island STAR

If you would like to receive the STAR in the mail, September through June, come into the library or mail \$8 with your name and mailing address to: Peaks Island STAR, c/o Peaks Island Branch Library, 129 Island Avenue, Peaks Island ME 04108. Checks should be made to the Peaks Island STAR. The STAR is not mailed in July and August.

2016 Household Hazardous Waste Drop off

August 20th, 2016

Island Schedule

☉ Peaks Island - <u>Transfer Station</u>	10:30 AM - 1:00 PM
☉ Cushing Island - <u>Boat Ramp</u>	9:00 AM - 9:30 AM
☉ Little Diamond Island - <u>Dockside</u>	9:45 AM - 10:15 AM
☉ Great Diamond Island - <u>Dockside</u>	10:20 AM - 11:00 AM
☉ Diamond Cove - <u>Dockside</u>	11:15 AM - 12:00 PM
☉ Cliff Island - <u>Dockside</u>	12:30 PM - 1:00 PM



HHW ACCEPTABLE MATERIAL, for example:

CLEANING PRODUCTS

- ✓ Oven cleaners
- ✓ Drain cleaners
- ✓ Wood & metal cleaners and polishes
- ✓ Toilet, Tub, tile, shower cleaners
- ✓ Bleach (laundry)
- ✓ Pool chemicals

INDOOR PESTICIDES

- ✓ Ant/Cockroach sprays/baits
- ✓ Flea repellents & shampoos
- ✓ Houseplant insecticides
- ✓ Moth repellents
- ✓ Mouse/rat poisons & baits

WORKSHOP/PAINTING SUPPLIES

- ✓ Adhesives and glues
- ✓ Furniture strippers/Stains & finishes
- ✓ Oil or enamel based paint (No Latex Paint)
- ✓ Paint thinners, turpentine, strippers/removers
- ✓ Photographic chemicals
- ✓ Fixatives & other solvents
- ✓ Driveway sealer

AUTOMOTIVE PRODUCTS

- ✓ Motor oil
- ✓ Fuel additives
- ✓ Carburetor and fuel injection cleaners
- ✓ Air conditioning refrigerants
- ✓ Starter fluids
- ✓ Transmission and brake fluid
- ✓ Antifreeze

LAWN & GARDEN PRODUCTS

- ✓ Herbicides
- ✓ Insecticides
- ✓ Fungicides/wood preservatives

OTHER FLAMMABLE PRODUCTS

- ✓ Kerosene
- ✓ Home heating oil
- ✓ Diesel fuel
- ✓ Gas/oil mix
- ✓ Lighter fluid



UNACCEPTABLE MATERIALS – Do NOT place out for pick up:

Vehicle/Car Batteries, TV's, Computer Monitors, CPUs, Microwaves, Propane Tanks, Vehicle Tires, Explosives, Ammunition, Medical Waste, etc.

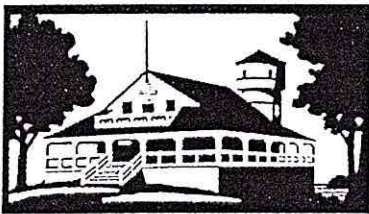
If there are any questions or concerns, please contact
Customer Service at 253-1945 or 766-2423.

Peaks Island Music Association – August, 2016

Please join us at the Fifth Maine Museum on alternating Wednesday nights in August to wrap up our summer concert season. Our concerts begin at 8:00 PM, and suggested donations for PI Music Association concerts are only \$5 per person.

On August 3, we welcome the crazy and unpredictable WICKED GOOD BAND with their own brand of Maine humor and original songs. The PI Music Association wanted to bring you something REALLY DIFFERENT this year – so here you go! The band sprang to almost overnight “stardom” in 1983 when they released their first single, “Ay-huh! (The Potato Pickin’ Song),” played first by a radio station as a joke; but to everyone’s surprise it became one of the best-selling records in Maine history. Politically incorrect, marginally musical, masters of originality, and pretty darned hysterical, this bunch of Maine dubs will grace (?) the shores of Peaks Island for the first time “evah.” Bring both your friends, because they will never believe what you tell ‘em afterwards...

Then, our own 25-voice community chorus, the Peaks Island Chorale, will bring a concert of accompanied and a cappella pieces on the theme of “Bird Songs” on August 17. The program will feature music from various eras, from the Renaissance to the 21st century, and will include works by Purcell, Bartlet, Gibbons, Stanford, Janequin, Rossini, Hirschorn, Carmichael, Bridge, and others. We will be joined by Jan Thomas on piano. The 2016 Barbara Goelman Music Scholarship will be awarded this evening to a talented young island music student. *FMI: 766-5763*



Fifth Maine Regiment Museum
45 Seashore Ave
766-3330
fifthmainemuseum@gmail.com

Thanks to a grant from the Maine Humanities Council, we’re in the process of scanning and digitizing glass slides from a lecture, *Down in Dixie*, presented in the late 1800s by 5th Maine Regiment veteran, George Bicknell. Wednesday, Aug 31, at 7pm we’re planning a talk, illustrated by some of these seldom seen slides, by Hub Burton, who has been researching Bicknell.

It’s August, and that means two of our signature events are coming up. We’ll host our annual Art on the Porch on Sunday, Aug 14 from 10am to 3pm, and our final pancake breakfast is Sunday, Aug 28 from 8 to 11.

And, there’s still time to hear some great music:

Wed, Aug 3, the Peaks Island Music Association has The Wicked Good Band at 8pm.

Fri, Aug 5, Songwriters by the Sea at 7pm

Fri, Aug 12, the Rhonda Dale Duo returns at 7:30pm.

Wed, Aug 17, the Peaks Island Music Association presents the Peaks Island Chorale at 8pm.

Sat Aug 20, Songwriters by the Sea features Ted DeMille at 7pm

HOLY TRINITY EPISCOPAL CHAPEL

Holy Trinity Episcopal Summer Chapel will be holding Sunday services during August at St. Christopher's Roman Catholic Church at 8:30 AM.

The priests will be as follows:

August 7 & 14 Rev. Robert Hooper, from West Hartford, CT

August 21 Rev. Bob Stuhlman, from Burlington, VT

August 28 Rev. Joy Mills, from Paoli, PA & Peaks Island

For more information call Sarah Alechnowicz – (207) 712-4378

or Mary Haeger – 766-3376

All are welcome. Please join us for worship and fellowship.

St. Christopher's Catholic Church

Rector: Father Greg Dube at 773-7746

Parishioners of St. Christopher's welcome Father Greg Dube and Father Kyle Doustou as our new priests and wish our departing priests Father Michael Seavey, Father Ed Clifford and Father Claude Gendreau all the best in their new assignments to other churches in the Diocese.

Sunday Mass is at 10 AM each week. Details for other Masses and services in Portland are at <http://www.portlandcatholic.org/> For questions concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

AA meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

Share Scripture with Islanders from 9:30 to 11 AM each Thursday in the Parish House on Central Avenue.

Our Annual Parish Fair on Saturday, July 2nd was once again a major success thanks to many many volunteers and attendees.

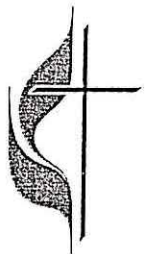
###

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave., Peaks Island, ME 04108; 207-766-5013; brackettmumc@gmail.com

Rev. Angela Rotherham, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Tuesdays, 10-11:30am at the church in our Church Family Room.

Prayer Shawl Ministry Fridays, 10:00am – 12:00pm at the church in our Church Family Room.

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

August at the Peaks Island Branch Library

in the Community Building 766-5540

email peaks@portland.lib.me.us

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

Summer Reading for Adults, Teens, and Children will end on August 13 so adults should fill out those forms for each book they read and put in in the weekly drawings here. All of the forms that have been turned in will be entered into the BIG DRAWING in town. Teens should keep coming in to get their cards punched and choose a gift book for each 10 hours they read. Children who bring in their completed reading logs can choose a book as a prize. Those who attend a Portland Public School, may also take their logs to school in September.

First Tuesdays Book Discussion: The July and August meetings are co-sponsored by TEIA and held at the TEIA clubhouse. If you've never been, it's a wonderful chance to enjoy a good discussion in a beautiful setting. Thank you TEIA for hosting the meetings. On August 2, the book will be *The Nightingale* by Kristin Hannah To reserve a library copy, come in, call or email the library. Meetings begin at 7 pm. September book: *My Brilliant Friend* by Elena Ferrante.

Middle School Book Club's next meeting is Tuesday, August 16. We met in July and almost half of our attendees were from away. We enjoyed talking about books, shared what we were reading and had suggestions of titles that others too may enjoy. The question, "What is your favorite picture book?" was asked. As titles were mentioned, more and more titles kept popping into our heads. Please join us on **August 16 at 5pm** in the community room for the next Middle School Book Club. All 6, 7 or 8 graders come for the conversation, friends and treats!

Stories and a Craft with Mrs. Crowley-Rockwell Tuesday evenings through August 9. Programs are at 7 pm in the Community Room.

FRIENDS OF THE PEAKS ISLAND BRANCH LIBRARY NEWS

Friends of the Peaks Island Library Annual Meeting and Program will be **Wednesday, August 10, 7pm**, in the Community Room. This year, there are two compelling reasons to be present:

Peaks Island Author Peter Bridgford will talk about his new first novel, *Hauling Through*, a coming of age story. "Bridge," who retired from a 20-year teaching career to follow his passion for writing, has had an adventurous life and is sure to be an interesting speaker. Book signing and refreshments. The program is open to all. Hope you will come and bring a friend.

Prior to the program, there will be a brief business meeting, during which Sarah Campbell, Executive Director of the Portland Public Library, will give an **update on the Community Building and Library renovation**. This will be a great chance to have your questions answered about the upcoming project.

THANK YOU to all who brought books, bought books and volunteered at the annual book sale. Special thanks to Jen Weiser, who capably chaired the sale again this year. She made arrangements with a book seller who will make a contribution and with the jail for some of the leftover books. This was a highly successful event for the FRIENDS and the remaining books found a good use.

DEADLINE FOR NEXT MONTH'S STAR: Thursday, August 25, by 6pm. You may put it in the Book Return or slip it under the door when the library is closed.

Trefathen Evergreen Improvement Association – TEIA

ANNUAL TEIA FAIR – Saturday, August 6th – 10:00AM – 1:30PM, There is something for everyone at this highly anticipated event! We have gift tables, a Boutique, Grandma's corner, White Elephant section, Raffle tables, silent auction games, prizes . When you get hungry "hot off the grill" hot dogs and hamburgers, or enjoy a delicious lobster roll. Leave room for dessert from our bake table. Please join us for the "highlight" event of the summer!!

TEIA Lecture Series: Tuesday, August 9th, 7PM - "Ancient Fertility Practices and Beliefs" Anne Belden, MS, PCC: Historically, the power of birth lies at the intersection of politics, religion, medicine, and philosophy. Using beautiful imagery, this thought provoking presentation explores this alchemy, through the lens of ancient stories, rituals, and beliefs. Infertility is one of the last major social and public health issues to come out of the closet. The plight of infertile couples is often shrouded in secrecy and shame, creating even more stress on the couple and their support systems. Examining ancient roots of blaming and disparaging "barren" women, can help to understand the depths of heartache so often experienced still today.

TEIA Lecture Series: Tuesday, August 16th, 7PM – "Climate of Change": Island Institute Presentation

A Series of Four Short Films:

Part 1 – Warming Waters in the Gulf of Maine

Part 2 – Ocean Acidification in Alaska

Part 3 – Collapse and Adaptation in Apalachicola

Part 4 – The Future of Aquaculture

Across New England and the nation, fishermen and scientists are observing notable shifts in the ecosystem and dramatic changes on the water. Reflecting the interests of many coastal residents, the Island Institute will share films that examine the effects associated with climate change on the fishing industry. These include warming waters, lack of biodiversity, and ocean acidification. This film screening will also introduce shellfish aquaculture as an example of economic diversification for fishing communities and will serve as an opportunity for relationship building and a dialogue exchange on climate change.

TEIA Lecture Series: Tuesday, August 23rd, 7PM - "Forecasts of the 2016 American National Elections" Jim Campbell, University of Buffalo Professor of Political Science: Are you curious about what goes into ELECTION FORECASTING?

Modern political science research on presidential election forecasting has undergone tremendous growth in the past 30 years. Summer island resident Jim Campbell, University of Buffalo Distinguished Professor of Political Science, has been a leader in this area of research since its inception. In fact, according to Rich Morin of the Washington Post, Campbell is "the newly crowned king of election prognosticators."

Mr. Campbell's Trial – heat and Economy Forecasting Model of the presidential popular vote, based on analysis of data from presidential elections since 1948, was published in 1990 and has been successfully used in every election since then. In addition to discussing his soon-to-be published book, *Polarized: Making Sense of a Divided America*, Campbell will have lecture attendees and early look at what his model and others are anticipating for both the November presidential and congressional elections.

Skateboard Park Donations Needed

Although some funds have been raised for the Peaks Island Skateboard Park, more are needed to begin Phase 1 of construction at Trott-Littlejohn Park.

Tax deductible donations may be sent to Peaks Island Skateboard Park Fund, P.O. Box 22, Peaks Island, ME 04108.

Our website: www.peaksiskatepark.org includes the plans.

###

PEAKS ISLAND TAX AND ENERGY ASSISTANCE (PITEA)

PITEA will be hosting our second annual Clam Chowder and Lobster Roll Dinner on Wednesday, August 10th from 5-7 p.m. at Jones Landing. We are asking folks to make reservations as well. The menu will include clam or corn chowder, lobster rolls, coleslaw, desserts and iced tea and lemonade. We will have chicken salad rolls for those who do not eat fish.

Lobster Roll Dinner \$20 for Adults \$10 for Children

Chicken Roll Dinner \$14 for Adults \$5 for Children

Reservations 766-0067

Portland property tax bills were mailed to Peaks Island households the first week in August, and payment is due early in September. Once again PITEA is offering tax assistance to households whose island resident is their permanent residence. Applications for assistance must be given to a member of the clergy by September 5th so that PITEA will be able to pay the agreed upon portion on time.

We have three members of the Clergy who will be accepting applications:

James Flagler, retired Priest, Anglican Church 712-7949

Pastor Angela Rotherham Brackett Memorial 766-5013

Ruth Williamson Ret. Minister 766-5825

Applications for assistance from the Sam McCain Fund may be found on the library bulletin board. Please call 766-0067 if you have any questions about the fund or the applications. We will try to award \$900 for tax assistance and \$300 for each request for energy assistance.

Donations are gladly received and should be made out to:

PITEA, PO Box 126, Peaks Island,, Maine 04108.

PITEA is a 501(c)3 charitable foundation so your donation would be tax deductible.

A huge thank you to Kimberley Edwards for donating some of her proceeds, \$601, from her Trunk Show over July 4th weekend to PITEA.

COMMITTEE MEMBERS: Mary Arnold, Ralph Ashmore, Linda Capone Newton, Heathler Kanninen, Linda Murphy, John O'Brien, Howard Pedlikin, Cynthia Pedlikin and Val Simoneau

Nomination Papers for Upcoming Elections

Nomination papers are now available for the following open municipal seats: City Council District 3, City Council At-Large, School Board District 3, School Board At-Large (2 seats), **Peaks Island Council (3 seats - three year term), Peaks Island Council (1 seat - two year term)**, and Portland Water District (5-year term).

Nomination papers are available in the Clerk's Office, Room 203, City Hall, 389 Congress Street. The earliest that signatures can be turned in is August 15, and the **deadline is August 29**. Write in Candidates must declare themselves 45 days before the Election: September 23, 2016. For more information, visit: <http://portlandmaine.gov/1116/November-Municipal-Election>.



PEAKS ISLAND LIONS CLUB



LIONS CLUB "67th ANNUAL VARIETY SHOW"

The 67th Annual "The Variety Show" will be held Monday August 1st and Tuesday August 2nd beginning at 7 PM at the Greenwood Garden Playhouse. Cost is \$5 for adults and \$2 for children.

LIONS CLUB ORGANIZATION GRANTS

Organizations that would like to be considered for a Lions Club Grant should contact Lions Club President, Edward Ezzard by telephone, mail or e-mail by October 15th. The grants will be awarded at the October 24th Lions Club meeting. **Telephone: 756-4713; Address: P.O. Box 102, Peaks Island, ME 04108; e-mail: TheMaineJack@gmail.com**

LIONS CLUB SCHOLARSHIPS

To be eligible for a Lions Scholarship for the 2016-17 school year, Peaks Island residents and children of Peaks Island Lions members who are currently attending or expect to matriculate in a post graduate career school or college for the fall semester should submit a written scholarship request to:

**Chairman of the Scholarship Committee
Peaks Island Lions Club, P.O. Box 102
Peaks Island, ME 04108**

Your letter must be received by September 15th and should state your expected field of study and the school that you will be attending.

If you are reapplying for this scholarship, the reapplying applicant or family is expected to help the community with a minimum of eight (8) hours of service in the Lions or another Lions approved Peaks Island organization. The Peaks Island Club service activities include our good weather fundraising events (bakes, rentals from May - August), our community activities - Halloween Party (Oct 31st), Variety Show (Aug 1st & 2nd), Christmas Party (Dec at the school), our sponsored Peaks Island Road Race (July 30th) and for grounds maintenance (May - Oct). We will send you our events calendar for you to sign up by emailing lionsclubrentals@gmail.com

Seeking New Lions Club Members

Lend a helping hand to preserve Peaks Island as a helping caring community. Join the Peaks Island Lions Club. Contact Lions Club President, Edward Ezzard by telephone, mail or e-mail: **Telephone: 756-4713; Address: P.O. Box 102, Peaks Island, ME 04108; e-mail: TheMaineJack@gmail.com**

Note: Many of our members are seasonal Peaks Island residents.

CERT Disaster Preparedness

The Peaks Island Community Emergency Response Team (CERT) trains to respond to disasters with help from the Portland Fire Department. But we need more volunteers!

For more info, call Al Bleau at 766-0007 or 781-962-2662.

All of the Island's emergency responders urge everyone to post house numbers so they will know where to go when called.

###

SENIOR NEWS

The Seniors are having a Bar-B-Q !!!!! Put on the sun screen, wear your favorite beach hat, and join us on the Patio out back at the Fay Garman House on Monday, August 8th at noon. Hotdogs and hamburgers with all the condiments will be provided. If it rains, we will eat in the Community Room. Please bring a salad, side dish, or dessert to share and join in the fun! All Seniors are welcome!

Just a reminder that Chair Yoga has moved to every Tuesday starting at 4 pm for about an hour at the Fay Garman House. Chair Yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

PEAKS ISLAND COUNCIL NEWS

Council Seat Vacancy

There is currently an open seat on the PIC; Anyone interested in being appointed to this position, please forward a letter of intent or email to Lisa Peñalver at Lisap.pic@gmail.com, or 14 Upper A St, PI. The appointment would be until the election in November. The council will accept letters until August 15, 2016.

Dispatch number for non-emergency Police or Fire calls: 207-874-8575

There have been several reports of camping, open fires and illegal dumping recently. Islanders are reminded and encouraged to always use the dispatch number to report any non-emergency situations.

Fix It! Portland

Fix It! Portland is the City's customer service tool that allows citizens to quickly and easily report quality of life issues both in town, and on Peaks. Encounter a sidewalk or curb that needs repair? See a street light that needs fixing? Report it using the Fix It! Portland mobile app for your smartphone via the Apple or Android App Store, or use the online form available at: <http://portlandmaine.gov/1448/Fix-It-Portland>

PEAKS ISLAND COUNCIL AUGUST MEETING

Wednesday, Aug. 18th, 6:30 pm

All are welcomed and encouraged to attend.

Peaks Island Fund Annual Party

Everyone is invited to Peaks Island Fund Annual Party, rain or shine. Enjoy good food and good company to celebrate the 2016-2017 grant awards. Come and learn more about Peaks Island Fund, Thursday, August 11, 6pm, at the Fifth Maine.

News from Peaks Island Elementary School

By Renee Serio, Teacher Leader

Happy Summer! We are working on a number of initiatives at the school. Here are the highlights:

- **Professional Development:** Thanks to the generosity of the **Portland Education Foundation**—and **Jess Burton's** advocacy—our teachers will spend two days before school begins with mentor Karen MacDonald in order to write a yearlong sustainability unit. In the fall, all K-5 students will consider the big question, "Healthy Food: why do we need it?"; this unit will cover life science strands. In the spring, all students will be asked to consider the big idea, "Food: how do we get it?" which will have a social studies focus.
- **Vision Work:** The staff and vision team at PIES are working on winning a number of grants in order to move forward on our year long plan of becoming a **Green School of Choice**. The purpose of this work is that we will be able to attract students from the mainland and other schools to attend PIES in the 2017-2018 school year. Some of this year's work will include school visits to other island and green schools, partnership with Chewonki, hosting the first Green Schools Coalition in Maine, formulating a new mission statement and finally active recruiting of young students.
- **Facilities Work:** Because of the deep and thoughtful advocacy of **Sam Saltonstall**, PIES got a new boiler and better insulation this summer. We look forward to finishing the work that Sam started with sealing our doors and replacing windows as well. In addition, the **Moxhay ladies** are repainting and repurposing our school signs. A number of PIES parents are also beginning a campaign to replace our tired, metal fence. It is so important that the outside of the school looks as fresh and up to date as what is happening on the inside.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854

www.picw.org



PICW will be closed Thursday, September 1st and Friday, September 2nd for staff in-service days and building maintenance.

All are welcome to attend the Summer Soiree! Sunday, August 14th at the TEIA Clubhouse. Musical entertainment featuring Portland musician Max Garcia Conover and Faith York with Kevin Attra. \$50 per person, send checks to PICW, PO 80, Peaks Island, ME 04108 or call Katie Lee in the office at 766-2854.

PICW said goodbye to our long time teacher Michelle Robinson. We will miss her love and connections with the children but wish her good luck with her new in town adventure.

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at office@picw.org for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Melissa Conrad at mconrad@backshore.net

Peaks Island Health Center
87 Central Ave. P.O. Box 52

Hours: Monday, Wednesday and Friday
8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.
Please call either **766-2929** or **874-2466** for an appointment.

Again, the Peaks Island Health Center would like to announce the launching of its new website: peaksislandhealthcenter.org We hope that Islanders and visitors alike will find it interesting and helpful.

For 'year rounders' and summer islanders alike, you may want to have your medical information readily available to paramedics in case of an emergency at home. The Health Center has restocked its supply of Vial of Life packets and instructions. Available to all.

Medical Equipment Available on Peaks Island

Crutches, walkers, and other items may be borrowed temporarily for free from the Peaks Island Health Center and St. Christopher's Parish.

The equipment, stored at St. Christopher's, is provided on a first come, first served basis at no charge. Borrowers are only asked to indicate when they plan to return it and also relieve the program of any liability.

FMI, contact Kay Taylor at 766-2811 or islapicos@maine.rr.com; or David Vincent at 603-496-6989 or davidlv55@gmail.com.

###

What is the Peaks Island Cancer Community Support Group?

The Cancer Support Group gathering offers a safe and confidential community for caregivers as well as for those living with cancer. Sharing stories, concerns and experiences deepens and broadens our knowledge and wisdom from which we can draw as we confront the impact of cancer on our lives.

CARE is the guideline for our group- Confidentiality, Avoiding Advice, Respecting Others and Making An Effort to begin and end on Time.

We'd love to have you join us and others at this gathering. Facilitators received many hours of training. If you have any questions, please contact Ann Marie O'Rourke at amorouke17@gmail.com, Barbara Hoppin at bahoppin@aol.com or Joy Mills at joymills@verizon.com.

Peaks Island Cancer Community Support Group
Meets Tuesday, August 16th 7pm-8pm
In the St. Christopher Community Room

AUGUST ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Recreation and Facilities Management

To reserve space and/or equipment in the com. bldg., you must contact Denise at least two days in advance. Please plan ahead as Denise works part-time on the island (Mon/Thurs/Fri). Best way to contact Denise is via email at DLM@portlandmaine.gov. You may also leave a message at 766-2970. If you don't get a call back, please contact Denise again. NOTE: Denise will be away from August 12 -15, returning to the island on August 18. All reservations for that time frame must be made by Thursday, August 11.

LAUGHTER YOGA CLUB (com. room)

Monday, August 1 10:45 – 11:30 am

Learn to laugh at nothing at all and get all the health benefits that laughter offers. The Yoga part is short and deep breaths (no Yoga positions). All adults are welcome – no experience needed. All are welcome to the Eastern Prom on 8/18 from 5:30 – 6:30 pm for a special Laughter Yoga Club outdoors.

THURSDAYS KNIT/CROCHET/CHAT and SALE

Thursdays, August 4, 11, 18 & 25 10:45-11:45 am, com. rm.

We continue to make hats, scarves and dishcloths for charity. All are welcome to knit/crochet with us; we also accept donations from those who prefer to make items at home

THURSDAYS at the GARDEN – BYO PICNIC

Thursdays, August 4, 11, 18 & 25 (approx. 12:15 – 1:00pm)

BYO picnic lunch & enjoy the beauty of the community garden at Trott-Littlejohn Park. All are welcome. Community/Home Gardeners: Contact Denise if you would like to share any extra produce you have. We'll deliver them to island seniors.

"MYSTERY" TEA REVEALED: 8th MAINE

Friday, August 5 1:00 pm – meeting location TBD

Enjoy the scenic views from the 8th Maine while learning a bit of its history. Get a tour and enjoy light refreshments while socializing with friends – new and old. Pre-registration required by Thursday, 8/4 (donations accepted; not required)

Low Impact Aerobics with Weights

Mondays and Thursdays 9:30 – 10:30 am in com. room

WALKING MONDAYS: LEISURELY and FUN

Monday, Aug. 8 & Aug. 22 8:30 – 9:15am; meet at com ctr

Enjoy the beauty of the island with its many gardens and scenic views as we stroll around. All leisurely walkers welcome.

SPECIAL SALE OF HAND-KNIT ITEMS

Friday, August 19 10:00 am – 2:00 pm

It's not too early to think about buying holiday gifts. Stop by to see the wonderful assortment of hand-made scarves, hats and dish cloths we've been making all year. Hats and scarves are \$7 each and dish cloths are \$2 each. Proceeds buy much needed gloves, socks and toiletry items for charity. Items not sold will be donated to local charities.

BINGO FUN w/ PRIZES (ALL PRIZES MUST GO!)

Monday, August 22 11:00 am – 12:00 pm w/ BYO lunch

Have lots of laughs and at the same time, help Denise clean out her stash of prizes. Someone is bound to get something useful!

TRAVELOGUE: MARISA'S TRAVELS – PART 2

Thursday, August 25 2:00 pm – Community Room

Guest speaker Marisa MacIsaac comes back to share more photos, stories and adventures of her life abroad. All are welcome. FREE!

MORNING MOVIE: COOL RUNNINGS (PG)

Monday, August 29 11:00 am – 12:45 pm

Enjoy the story of the Jamaican bobsleigh team that made it to the 1988 Winter Olympics.



Saturday Night Movies in August



Free in the Community Room – Sponsored by the Friends of the Peaks Island Library

Children must be accompanied by an adult

August	6 PM	August	8 PM
6	<i>Star Wars: The Force Awakens</i> (2015) PG-13, 136 min NOTE: SPECIAL START TIME 5:30	6	<i>Breathless</i> (1960) NR, 90 min
13	<i>Ponyo</i> (2009) G, 90 min	13	<i>Hair</i> (1979) R, 121 min
20	<i>James and the Giant Peach</i> (2006) PG, 79 min	20	<i>Revenant</i> (2016) R, 157 min
27	<i>Space Jam</i> (1996) G, 66 min.	27	<i>Moneyball</i> (2012) PG-13, 132 min